



HARM REDUCTION PROGRAM

Uniting AOD & Mental Health's Harm Reduction Program works with people without the expectation of ceasing all substance use. The team are focussed on supporting someone to reduce their chances of experiencing drug related harm.

The scope of the work is flexible, and tailored to meet the needs of the individual - support is usually provided in an outreach capacity and can be in the form of:

- A brief intervention, Interim support, or a Bridging support (for people waiting for support from other services)
- Increasing a person's understanding of the role that substance use plays, and how it intersects with other areas of their lives.
- Supporting family members of someone who is at an increased level risk of experiencing overdose due to their substance use.
- Provide Harm Reduction education and information (on all drug types) for the prevention of substance related harm
- Referrals to other relevant services, treatment or harm reduction services (ORT, MSIR, NSP's, Naloxone Provision).
- Naloxone Training / Recognising and Responding to the Signs and Symptoms of Opioid Overdose, GHB Training.
- Liaison/collaboration with other organisations providing overdose prevention services to ensure continuity of care and streamlined referral pathways.

The Harm Reduction Team will support individuals using a broad range of substances, including (but not limited to) Opioids, Amphetamine type stimulants, Alcohol, GHB, Benzodiazepines, Synthetic Cannabinoids and other newly emerging analogue and synthetic psychoactive substances.

The Harm Reduction Team cover the Inner North and North Melbourne AOD Catchment areas, including: **Melbourne, Yarra, Moreland, Moonee Valley, Darebin, Banyule, Nilumbik, and Whittlesea**

To refer to the program or for advice/secondary consultation: harmreduction@vt.uniting.org

The Team:

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